RR 1 Box 443 Carbondale, IL 62901 (618) 549-6205 March 22, 1993

Quest Vitamin Supplies 1781 W. 75th Ave. Vancouver, B.C. Canada V6P 6P2

Dear Sir:

I am happy to write a testimonial for NAG N-Acetyl Glucosamine. I have used the product for a little over a year now and am completely sold on its effectiveness. suffer from Irritable Bowel. For years I lived with the cycle of constipation and diarrhea, never knowing when the cramping would begin. It was very difficult to function at work or in social situations.

Since I began using NAG, the irregularity has stopped almost completely. I do not experience the cramping or insecurity that I lived with for years. NAG has worked for me. recommended it to my boss who suffers from the same condition. It's a great product.

Sincerely,

D.J. Wardynski

ALUKI FOOTBALL

ALUKI FOOTBALL OFFICE cuthern Illinois University at Carbondale bondale, Illinois 62901-6620

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